



Workshop Session I

Wednesday, April 27

3:15 to 5:00 p.m.

Julia

YOUTH IN CRISIS

**Response Tools for Law Enforcement and School Resource
Officers**

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Gatlin



Phillippi

ModelsforChange

Systems Reform in Juvenile Justice

MACARTHUR

The John D. and Catherine T. MacArthur Foundation

Acknowledgements

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 - Joseph Cocozza, Ph.D., Director
- Mental Health /Juvenile Justice Action Network
 - Kathleen Skowyra, Associate Director
- Colorado Regional Community Policing Institute
- Monroe County, NY Office of Mental Health
 - Don Kamin, PhD, Chief, Clinical & Forensic Services
- LSU Health Sciences Center- School of Public Health
- Rapides Parish Police Dept & CENLA Volunteers of America

Background

- National Juvenile Justice reform initiative funded by MacArthur Foundation
- Goal: To accelerate reform of juvenile justice systems through targeted investments in select states
 - core states: PA, IL, LA, WA
 - 4 partner states: CO, CT, OH, TX
- All identified “mental health” as a significant challenge in their juvenile justice system reform efforts

Front-End Diversion

Creating pre adjudicatory diversion opportunities for youth with mental health needs to be safely and appropriately diverted into community-based treatment:

1. Law Enforcement
2. Probation Intake
3. Schools

Law Enforcement Diversion Initiative

- *Why CIT-Y?*
 - Composition of juvenile justice system
 - 70% meet criteria for mental illness diagnosis¹
 - Most CIT training is adult focused

¹Shufelt, J. L. & Coccozza, J. J. (2006). *Youth with mental health disorders in the juvenile justice system: Results from a multi-state prevalence study*. National Center for Mental Health and Juvenile Justice, Delmar, NY.

Middle School > FINS > Drug Courts > Detention > Incarceration

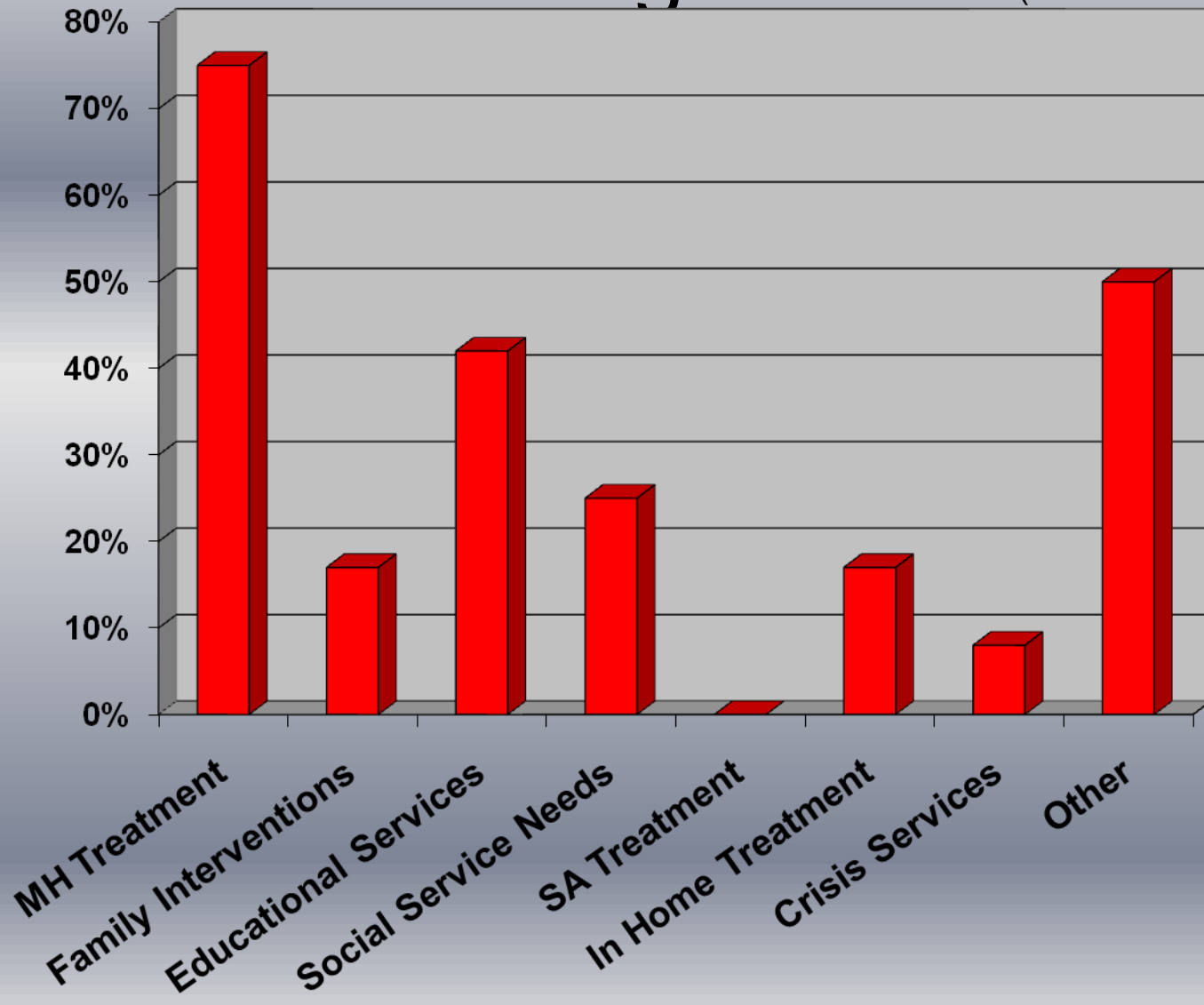
LOUISIANA DATA

Louisiana Prevalence Data

- **Middle School Sample** (N=1549) TeenScreen 2009
 - 18% screen positive for potential mental health issues, including risk of Depression, Suicide, & Anxiety
 - Top three contributing factors: Anger Mngt Issues with self and family; Family Violence (physical, sexual, emotional); Bullying (bully or victim)
- **FINS Sample** (N=100) Phillippi 2010
 - 47% screen at risk of Depression/Anxiety
 - 28% screen at risk of Suicide
 - 21% screen at risk of Thought Disorder
 - 7% screen at risk of Substance Use

Reported Unmet Service Needs in LA Juvenile Drug Courts

(Cocozza & Shufelt, 2010)



LA Detained & Incarcerated Levels of MH & Sub Abuse

Nat'l Center for MH & JJ (Shufelt & Coccozza, 2006)	LOUISIANA (n=406)	TX & WA (n=1031)
Any Disorder	73.5%	69.4%
Anxiety Disorders	42.8%	31.7%
Mood Disorder	21.9%	17.1%
Disruptive Behavior Disorders	47.4%	46.3%
Substance Use Disorder	52.7%	44.1%
SEVERE DISORDERS	37.0%	24%
MULTIPLE DISORDERS	61.5%	53.7%

Law Enforcement Diversion Initiative

- *CIT-Y: Who?*
 - CO, LA, PA
 - Contracted with CRCPI & consultants
 - 8-hour in-service for *CIT trained police officers*



Law Enforcement Diversion Initiative

- *CIT-Y: When?*
 - Developed 2008-09
 - Field Tested May/June '09; Revised 2010
 - Dissemination to Network States (LA, PA, OH, CN, WA, TX) via Train-the-Trainer sessions completed 2010-11
 - Final Revisions being made including feedback from MacArthur Foundation 2011

Outcome Evaluation

- Field Test (2009)
 - 115 officers / 3 States
 - Feedback: “helpful” “knowledge increased”
 - Pre-Post Evaluation: Increased knowledge demonstrated
- Future Evaluation Possibilities:
 - Compare CIT + CIT-Y trained officers vs. Non-CIT trained officers
 - Rate of verbal interventions vs. other interventions
 - Rates of transports to clinics/hospital
 - Rates of referrals
 - Rates of criminal charges



Crisis Intervention Teams
for

YOUTH

8-hour
Continuing Education Training

Mental Health / Juvenile Justice

ActionNetwork
A Project of
Models in Change

Unit 1

Introduction

1. Introduction & Overview (CIT Course Director)

- Pre-Test
- Overview of the day
- Review the “diversion mindset”
- Film: Introduction to CIT for Youth



Overview of Day

- Child & adolescent development
- Child & adolescent psychiatric disorders and treatment
- Crisis intervention & de-escalation
- The family experience
- Legal issues
- Connecting to resources

Film: Introduction to CIT for YOUTH



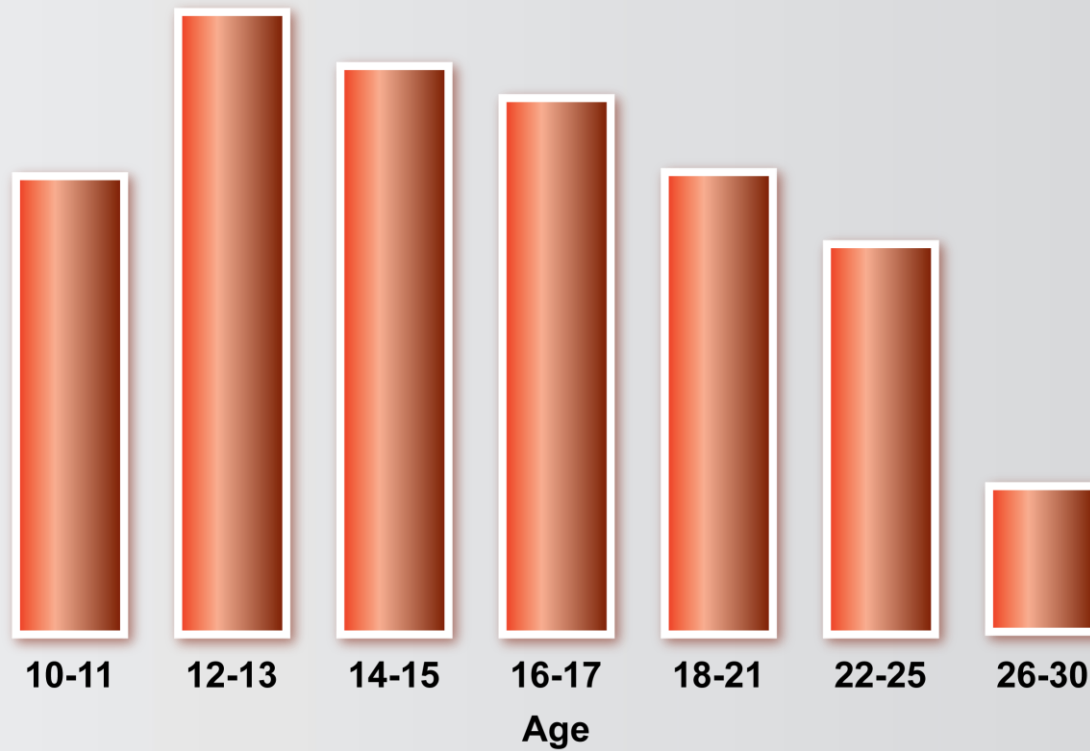
Unit 2 Understanding Adolescent Development

2. Adolescent Development (Mental Health Professional)

- Adolescent Development
 - physical, emotional & cognitive
- Brain development research
- Disruptions in normal development

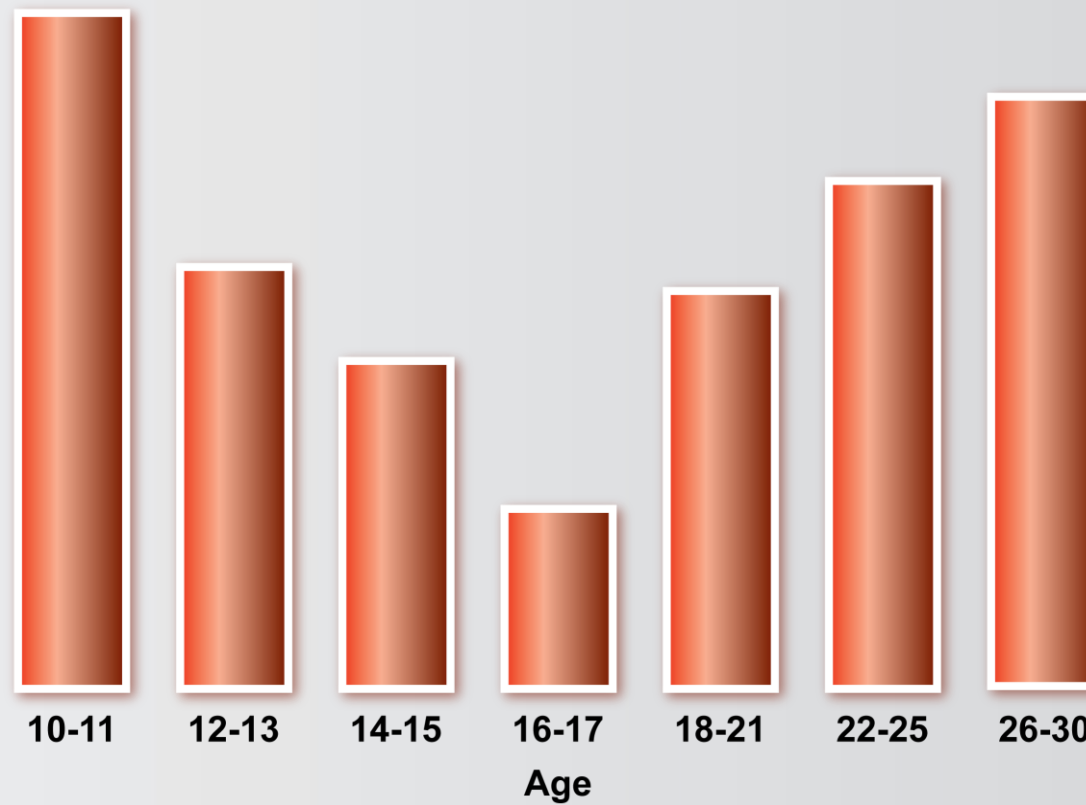


Sensation-seeking Declines with Age



(Steinberg et al., 2008)

Risk Perception Declines and Then Increases After Mid-adolescence



(Steinberg, 2009)

Unit 3 Adolescent Psychiatric Disorders & Treatment

3. Adolescent Disorders & Treatment (Mental Health Professional)

- Myths / Misconceptions
- Signs of Disorders in Youth
- Disorders in Youth
- Coping with Trauma
- Suicide
- Introduction to Interventions
- Treatment – What & Where
 - Medications

Unit 4

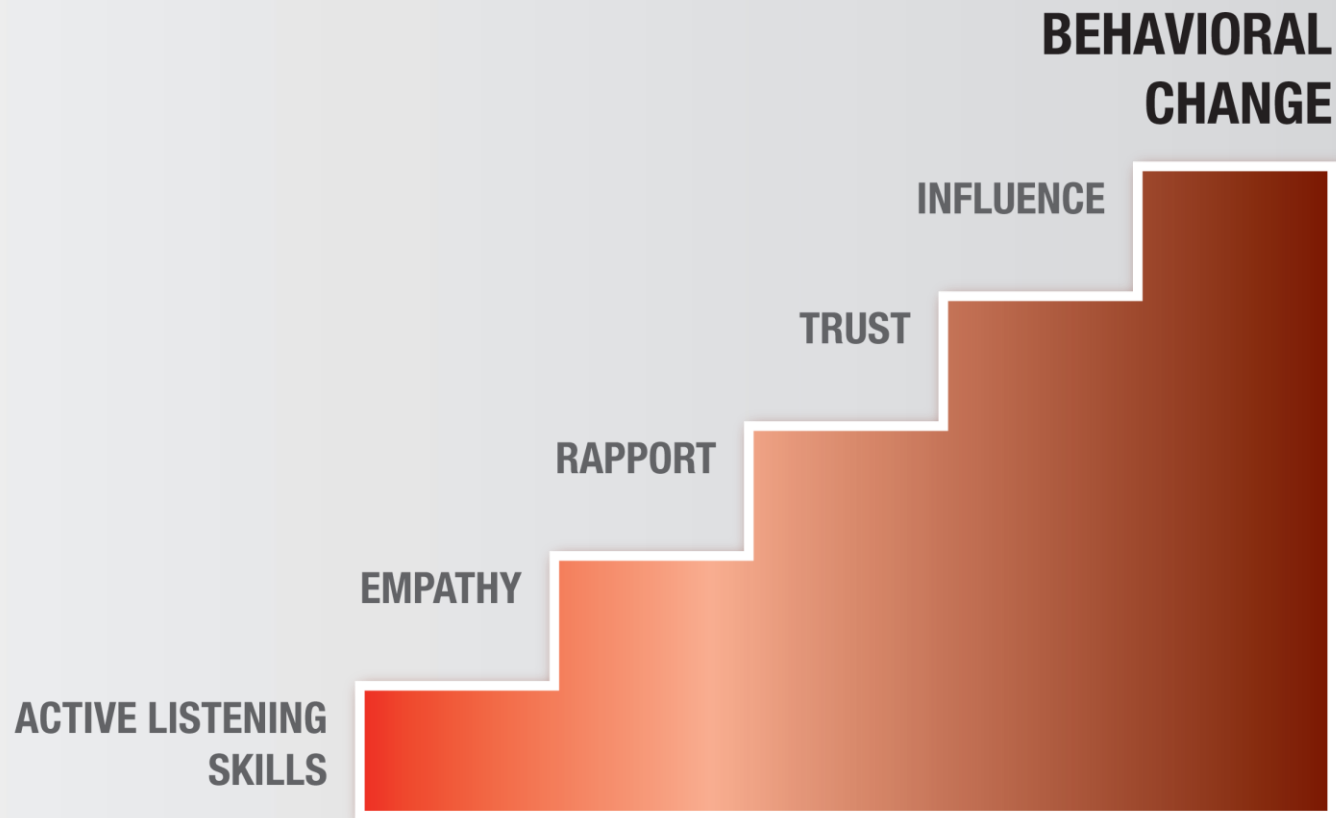
Crisis Intervention & De-escalation

4. Crisis Intervention & De-escalation (Law Enforcement Officer)

- Triggers for Adolescents
 - Trauma
 - Relationship break-up
 - Others
- Communication
 - Active listening / empathy
 - With family members
 - With youth



Behavioral Change Stairway



Specific Situations

- Frustrated & emotionally distraught
 - 14 y.o. female
 - Pacing & hand-wringing
- Hostile / aggressive
 - 15 y.o. male
 - Broke household items
- Suicide



Mental Health Response vs. Criminal Arrest

- If crime, but no mental illness = Arrest
- If mental illness, but no crime = Diversion
- If crime + mental illness, consider:
 - Seriousness of crime
 - Lethality of risk to self or others
 - Capability of jail/lockup to manage/treat person
 - Wishes/concerns victim has expressed
 - Mental health history
 - Availability of services

Demonstration of De-escalation Techniques

Video Role-Play

Unit 5

The Family Experience

5. The Family Experience (Course Director & Family Member)

- Need parent partner from NAMI / MHA / Federation of Families for Children's Mental Health..
- Introduction by Course Director sets context
 - “Imagine what it’s like...”
 - “Getting help is not always easy...”
 - “In desperation, families call police...”

Parent Presentation

- Experience of raising child with mental health needs
 - Law enforcement & juvenile justice experience
- Discussion
 - Questions / Answers
 - Improving relationships between law enforcement and families & between law enforcement and community family advocacy organizations

Unit 6

Legal Issues

6. Legal Issues (Legal Expert)

- Review Federal statutes (FERPA, HIPAA, 42CFR)
 - Law enforcement exceptions
- Discuss State guidelines
 - Voluntarily seeking help
 - Emergency transports / hospitalization
- Review local procedures

Unit 7

Connecting to Resources

7. Connecting to Resources (Local Experts)

- Emergency Services
- Outpatient Providers
- School-based Services
- Residential Facilities
- Others
- Support Groups (e.g., NAMI)
- Local Resource Cards

Next Steps

- Final revisions with MacArthur Foundation feedback
- Determine any future dissemination and train-the-trainer sessions
- Consider options for outcome evaluation
- Finalizing the School Resource Officer (SRO) curriculum

School Experience from the Youth Perspective

- VIDEO

Schools and CIT-Y

- School is in key position to assist youth in crisis
 - Identify mental illness/behavioral health issues earlier and refer to appropriate services
 - Observe, support, guide, provide feedback on progress
 - Benefits of intervention
 - Proactive crisis intervention
 - Increase academic performance & attendance
 - School safety & improved classroom behavior
 - Provide youth with access to needed services
 - School-based mental health services

CIT-Y for SRO Objectives

- Understand the importance and benefit of using a CIT approach within a school setting
- Clarify the roles and responsibilities of SROs and other key stakeholders within the school environment as they relate to interactions with youth with mental health and/or behavioral health issues.
- Demonstrate skills specific to enhancing the SRO role on campus.

CIT-Y SRO Curriculum

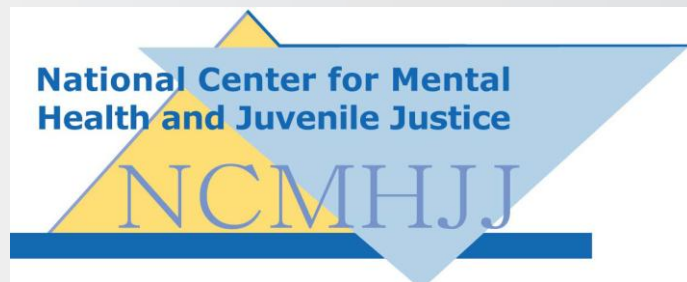
- Child & adolescent development
- Child & adolescent psychiatric disorders & treatment
- Crisis intervention & de-escalation techniques
- The family experience
- Legal Issues
- Schools and SRO's
- Connecting to resources
- Demonstrating and practicing skills to improve SRO interaction and communication with youth

For More Information

Stephen Phillippi, PhD at sPhill2@lsuhsc.edu

National Center for Mental Health and Juvenile Justice
www.ncmhjj.com

Models for Change
www.modelsforchange.net



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